



October 2018 Newsletter # 493

Renew your BSWD membership at:
www.winddrinkers.org



Dear Wind Drinkers,

It has been my honor to edit this newsletter for the past 3 years. The newsletter has become a creative outlet for me and I have enjoyed it. I will be handing it off to much more capable hands and you can trust that the quality will only improve. I appreciate you allowing me to take an active role in this community and will continue to be part of the wind drinker tribe. I will look forward to seeing you out on the trails in the spring and on the starting line of many more races next summer. Cheers!

NEWSLETTER OF
THE BIG SKY WIND
DRINKERS, A RUNNING
CLUB FOR ALL
AGES AND
ABILITIES IN
BOZEMAN, MT



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Zoe Eberspecher
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RACE CALENDAR

OCTOBER

- 6 **Octoberfest Run** at the East Gallatin Recreation Area. 8K Run /Walk at 4:00 pm followed by games, prizes & food. Starts and finishes on Manley Road. Packet pick up at Bozeman Running Company on October 5 from 10:00am to 6:00pm.
casey@bozemanrunningcompany.com
- 13 **Back at Bridger Run.** 9:00 am start at the Bridger Bowl Parking Lot. Distances and course to be determined.
- 14 **Foothills 14K** Starts in Sypes Canyon at 10:00 am and finishes at the M Trailhead. 300 runner limit. Mandatory shuttle leaving from the Cannery District at 9:30 am. <http://www.foothills14K.com>
- 27 **Montana Cup.** 5 & 8K Cross Country to be held in Billings. Teams from around the state competing.

NOVEMBER

- 11 **Annual Veterans Day Run** in Butte on City Streets. Race Day Registration at Stodden Park. Courses are 2.5 and 5.2 Miles on City Streets. A long time tradition. Remembering sacrifices for our freedom!
- 17 **Jim Banks Turkey Trot.** 9:00 am start at the Foot hills Church on Centennial Drive. Distances of 1.3, 2.7 and 4.4 miles. Guess your finish time to win a turkey courtesy of BSWD check the web site at winddrinkers.org.
- 22 **12th Annual Huffing for Stuffing.** Bozeman. 10K, 5K Timed, 5K Untimed and Kids Run. Benefits the Bozeman Food Bank. www.huffingforstuffing.com.
- 22 **9th Annual Turkey Trot.** Red Lodge. Meet at the Edgar Gruel building (Carbon County Fair Grounds off of Hwy. 78.) Starts at 10:00 am. Walk or run. Free of charge but bring a non-perishable food item donation. Beartoothbillingsclinic.org for registration forms. For more information contact Jean Atherly (406) 860-3825

DECEMBER

- 8 **Jingle Bell Jog.** BSWD Winter Fun Run. 9:00 am start at the Bozeman Library Parking Lot on East Main. Bring a goody to share. Merry Christmas to All and a Happy Running Year!!

JANUARY

- 5 **Fat Ass Run** held at Head Waters State Park near Three Forks. Pick your own distance. Run 5K loops (trail and/or road) starting at 9:00 am with timing ending at 3:00 pm. Burn those Christmas Calories. There are no temperature restrictions

FEBRUARY

- 2 **Froze Nose Run.** BSWD Traditional Fun Run starting at the corner of S 11th and Grant Street on the MSU Campus at 9:00 am. Your finish time at this event will determine your starting time at the March Handicapped Run. Be sure to wear the cap you won at the summer fun runs. Distances are 1, 3 & 5 Miles (approximately)

MARCH

- 2 **Handicapped Run.** Another BSWD Traditional Fun Run starting at the corner of S 11th and Grant Street on the MSU Campus at 9:00 am. Your starting time will be determined by your finish time at the last month Froze Nose Run. If you missed the Froze Nose your starting time will be 9:15 for the long distance, 9:30 for the middle distance and 9:45 for the short distance. The object is to beat your previous time.

APRIL

- 20 **Back from Bridger.** Watch for details that may involve changes in this long time traditional run.

MAY

- 25 **Frank Newman Spring Marathon** and Marathon Relay. In honor of one of the founders of BSWD. Starts on Bridger Canyon Road at 8:00 am and follows the frontage road to Sacajawea Park in Livingston. Enjoy the picnic that follows.

2018 JOHN COLTER RESULTS

Chad Carr	46:09	Thomas Brown	59:38
Linard Kindschi	46:32	Jennifer Wirth	1:00:01
Sawyer Kesselheim	47:10	Stephanie Lynn	1:00:32
Eli Jensen	47:12	Kai Mittelsteadt	1:00:46
Andy Newell	48:32	Kendra Harris	1:00:48
Karsten Hokanson	49:23	Patrick Schenck	1:00:58
Kal Tucker	50:54	Georgianna Fischer	1:01:00
Andrew Holleman	52:07	Jason Brown	1:01:27
Nicole Murray	52:12	Alaric Skieler	1:01:51
Emma Tarbath	52:20	John Paterson	1:01:56
Charlie Eichenberger	53:18	Robbie Lamb	1:02:12
Erika Flowers	53:42	Bryant Schwartz	1:02:28
Jarrett Payne	55:38	Kaden Thornsberry	1:03:04
Sebastian White	55:56	Jordi Floyd	1:03:29
Felicia Gesior	56:03	Cooper Johnson	1:03:51
Rob Maher	56:26	Jim Sites	1:05:03
Bret DeYoung	56:55	Michelle Flenniken	1:05:27
Kathleen O'Connor	57:16	Leif Growney	1:05:30
Arianna Celis	57:20	Leigh Holleman	1:05:45
Blake Wiedenheft	57:47	Malea Tesseneer	1:05:48
Stephanie Paugh	58:14	Douglas Fischer	1:05:52
Jamie Brusa	58:36	Audrey Wooding	1:05:55
Kate Dolan	58:43	Natalie Flowers	1:06:02
Anna Fake	58:46	Kate Moore	1:06:40
David Ayala	59:00	Sarah Urban	1:06:44
Hannah Cole	59:02	Blythe Nirgenau	1:06:49
Tim Griffiths	59:20	Scott Powell	1:06:55
Heather Mooney	59:34	Tony Harms	1:06:59
Graham Miles	1:07:15	Steven Knack	1:11:07
Ashley Meyer	1:07:25	Elizabeth Ohs	1:11:11
Amanda Salzer	1:07:26	Jamie Veis	1:11:11
Greg Young	1:07:32	Reese Covington	1:11:32
Pi Taylor	1:08:04	Darryl Baker	1:11:32
Sabine Love	1:08:10	Jessica Farrar	1:12:31
Lita Keefer	1:08:10	Jeff Johnson	1:12:40
Chantel Thornsberry	1:08:14	Matthew Miller	1:12:43
Bob Eichenberger	1:08:18	Edward Wisman	1:12:48
Michael Reidy	1:08:32	Ray Rogers	1:12:50
Ryan Fitzpaterick	1:08:54	Kaitlin Lapp	1:13:06
Kelly Koch	1:09:01	Sandy Erhardt	1:13:08
Dario Prieto	1:09:02	Scott Eiler	1:13:09
Maureen Porter	1:09:28	Juliann Solomon	1:13:10
Brad Teson	1:09:42	James Tesseneer	1:13:11
Paige Coletta	1:09:48	William Schell	1:13:13
Amber Beagley	1:09:51	Geoff York	1:13:16
Colby Heiser	1:09:53	Jules Eyman	1:13:18
Dave Kascht	1:09:59	Ellen Lauchnor	1:13:20
Dalton McCurdy	1:10:01	Samantha White	1:13:21
Suzanne Bendick	1:10:02	Eli Bunting	1:13:25
Rochell Lemer	1:10:13	Doug Fletcher	1:13:41
Marcus Engler	1:10:14	Sherri Renck	1:13:41
Sara Rushing	1:10:23	Jesa Marsh	1:13:50
Linda Wisman	1:10:26	Bridget Hoopes	1:13:50
Nathan Combs	1:10:34	Laura Stanley	1:13:51
Bill Wiedenheft	1:10:52	Katrina Stanislaw Carr	1:13:51
Tia Brown	1:10:55	Riley Slater	1:13:55

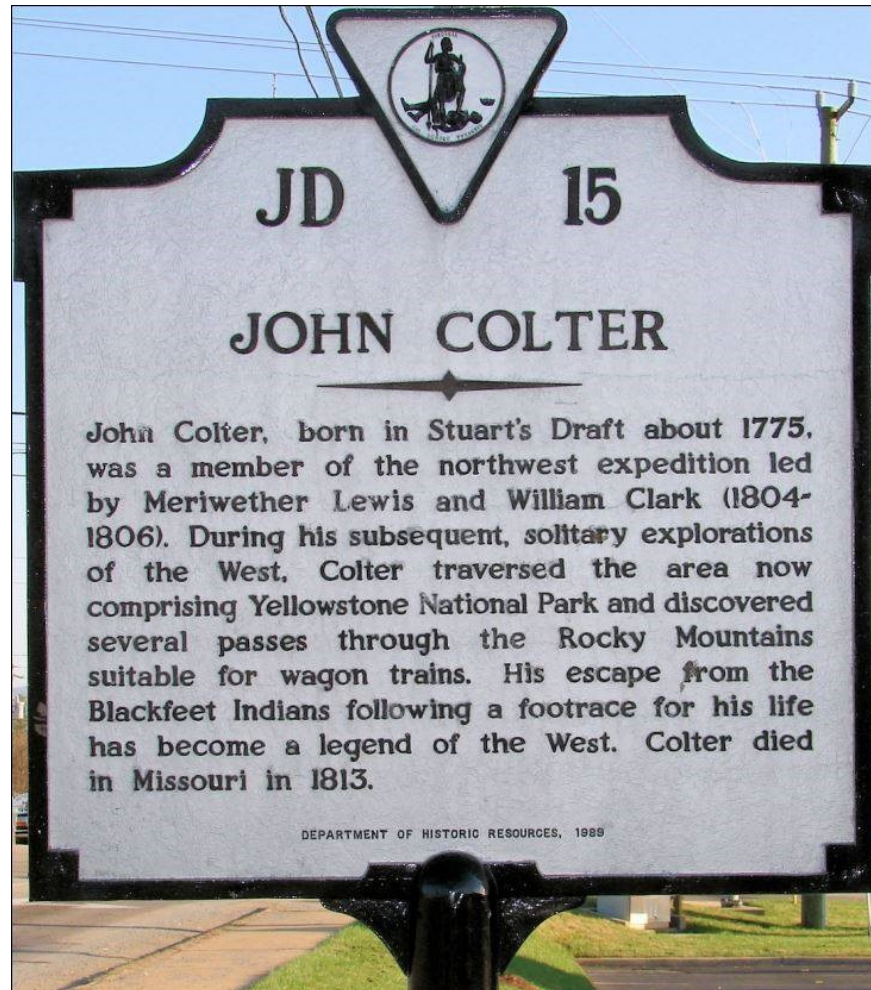


Carson Swica	1:10:55	Mark Slater	1:13:56
Joshua Horner	1:13:57	Emma Raeside	1:18:48
Dori Grosshauser	1:13:58	Julie Agnew	1:18:49
Cindy Gonzalez	1:14:00	Brian Lehman	1:18:49
Kurt Buchl	1:14:07	Kent Lembke	1:18:51
Brian Mushet	1:14:07	Chelsi Moy	1:18:53
Ian Coe	1:14:29	Uta Stuhr	1:18:57
Anne Keith	1:14:45	Tracy Hogland	1:18:57
Ken Fendler	1:15:10	Kim Trostel	1:20:00
Aly Gill	1:15:10	Karina Tanguay	1:20:05
Bryan Wilson	1:15:27	Rebekah Bunting	1:20:06
Kirk Branch	1:15:43	Ginny Keith	1:20:07
Martin Rollefson	1:15:45	Kurt Keith	1:20:07
Mira Brody	1:15:56	Josephine Daggett	1:20:15
Douglas Scott	1:16:00	Tanner Tompkins	1:20:18
Genevieve Coe	1:16:56	Darby Bramble	1:20:24
Rexford Kleinsasser	1:17:00	Tomomi Ogata-Schure	1:20:26
Tracy Dougher	1:17:12	Denise Wiedenheft	1:20:48
Alihah Raymond	1:17:15	Andrew Kappler	1:20:58
Annie Sites	1:17:20	Alycia VanKirk	1:20:58
Gerald Buckley	1:17:41	David Ferguson	1:20:59
Kelly Sprinkle	1:17:56	Jonathan Roe	1:22:15
Jennifer Johnson	1:17:57	Robyn Miller	1:22:39
Craig Danenhauer	1:18:00	Alice Hulebak	1:22:41
Jess Snyder	1:18:05	Ronald Schaar	1:22:47
Patrick Hutchins	1:18:09	Jessie Pelton	1:22:49
Travis Growney	1:18:10	Linda Young	1:22:49
Jill Steinle	1:18:20	Robin Belton	1:23:06
Teresa Galli	1:18:22	Bobby Covington	1:23:19
Hilary Stroud	1:18:24	Joshua Covington	1:23:20
Mark Scarff	1:23:33	Cody Dehaan	1:29:25
Leonard Baluski	1:23:33	Mason Griffiths	1:29:26
Mike Buchl	1:23:40	Amy Stefan	1:29:27
Sarah Nicholas	1:24:04	Jade Weiss	1:29:28
Rebecca Taylor	1:24:05	Madeline Funke	1:29:55
Merrit Geary	1:24:19	Sharon Rhodes	1:30:10
Larry Lynn	1:24:19	Michelle Anderson	1:30:33
Jody Bartz	1:24:28	Kelly Grenz	1:31:03
Bill Fiedler	1:24:37	Becky Coulter-Weber	1:31:06
Adelaide Rugemer	1:24:37	Anna Callahan	1:31:09
John Rugemer	1:24:38	Kevin Tarnowski	1:31:12
Nellie Ciesielski	1:24:56	Robert Petrone	1:31:14
Sarah Acker	1:25:00	Melissa Horner	1:31:14
James Nickelson	1:25:00	Lisa Batzler	1:31:33
Kelley Knack	1:26:01	Jason Tanguay	1:32:15
Lisa Tesseneer	1:26:09	Elliana Tanguay	1:32:15
Megan Fox	1:26:10	Michele Stanton	1:32:25
Hannah Hancox	1:26:38	Eliza Kleinsasser	1:32:26
Jessie Smits	1:26:39	Laura Coffey	1:32:40
Sara Stromberg	1:27:24	Sean Morrison	1:32:56
Jamie Arndt	1:28:08	Aimee Thornton	1:33:00
Laura Tretter	1:28:13	Sean Thornton	1:33:00
Claire Weber	1:28:29	Duane Dittmer	1:33:01
Emily Rasmussen	1:28:29	Sarah Olivo	1:33:02
Keri Marquette	1:28:52	Cheryl Lewis	1:33:09
Marc Schure	1:28:54	Jennifer Stiff	1:33:27
Sean Gummer	1:28:55	Mike Waxler	1:34:06
Wendy Gustin	1:29:13	Matt Ramsey	1:34:06



Megan Dehaan	1:29:25
Sara Bair	1:34:08
Marlo Leachman	1:34:09
Molly Garley	1:34:25
Kim Zeadow	1:34:34
Steve Pappert	1:34:36
Sarah Leake	1:35:08
Sophie McVickar	1:38:11
Roseanna Nickelson	1:38:37
Susan Nickelson	1:38:54
Dick Shockley	1:39:03
Mary VanGilder	1:39:07
Kyna Moberley	1:39:25
Frank Dougher	1:39:37
Molly Ward	1:40:06
Liz McCutcheon	1:40:50
Pam McCutcheon	1:40:50
Joshua Collins	1:40:56
Sarah Marlin	1:40:56
Anna Pappert	1:41:56
Laramie Degner	1:42:59
LeAnne Delaney	1:42:59
Kelly Killham	1:43:18
Stuart Snyder	1:43:29
Jessica Meyers	1:43:39
Celeste Wagoner	1:43:52
Amy Becker	1:43:52
Darlene McLuskie	1:43:56
Kate Emmerich	1:45:35
Leanne Roulson	1:45:50

Lindsey Hanna	1:34:06
Hazel Roulson	1:45:53
Auna Johnston	1:47:05
Tammy Lawler	1:47:05
Don Ottoson	1:47:52
Michael Hilbert	1:49:33
Kathryn Hohmann	1:49:45
Yena Morgan	1:49:59
Andrea Abrahamson	1:49:59
Jenna Fromme	1:50:30
Melissa Griffiths	1:50:30
Kristy Mahlum	1:50:38
Merel Van Der Host	1:53:49
Courtney Stout Paterson	1:54:37
Keila Szpaller	1:56:41
Jen Swica	1:57:11
Maddie Swica	1:57:11
Mary Thurber Martin	1:58:56
Andrea Shockley	1:58:56
Mary Hoagland	2:01:11
Stephanie Newton	2:01:20
Steve McGuire	2:04:57
Jacki McGuire	2:18:44



Drinking Horse

3.95 Miles

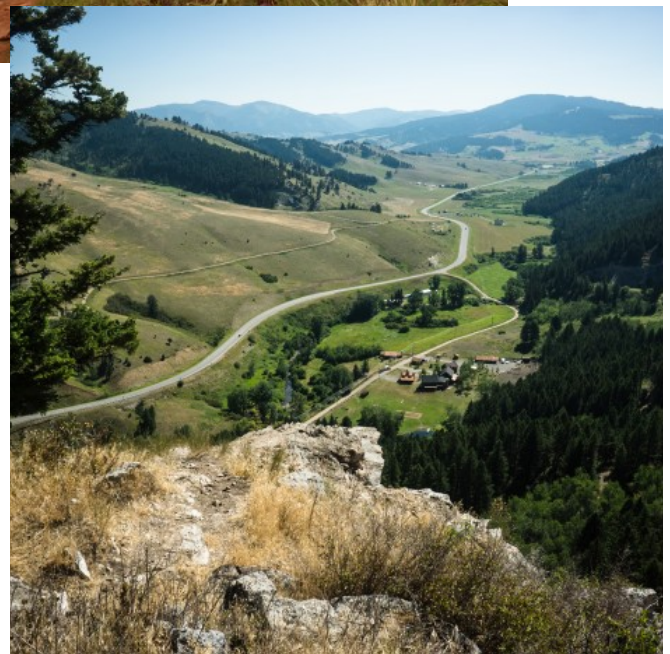
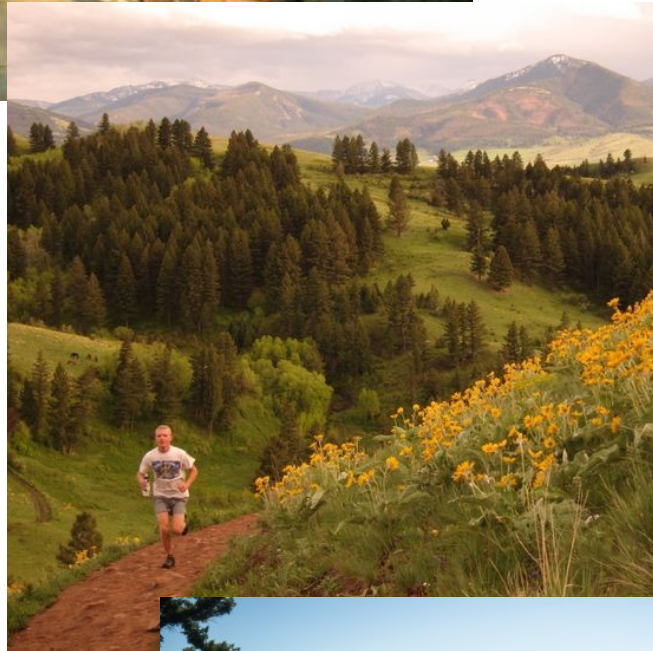
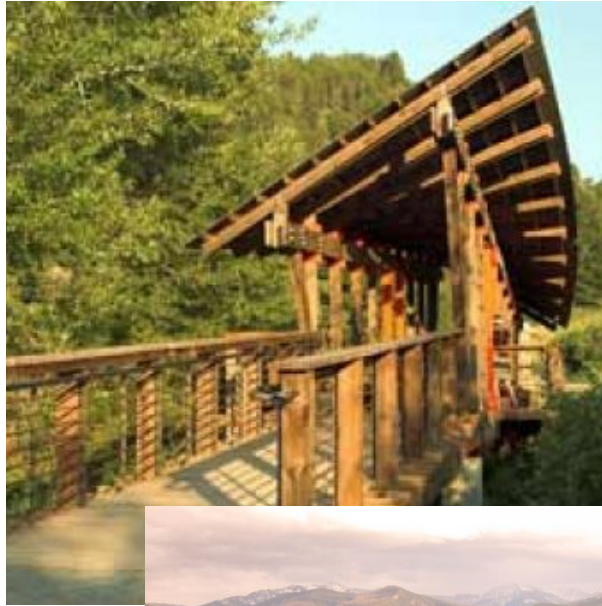
Rob Maher	27:19	
Robbie Lamb	30:52	
Teresa Galli	30:59	
Christian Landers	31:44	Child
Rick Landers	32:13	
Randy Oostema	32:29	
Tom Walsh	32:55	
Nick Waliser	35:23	

2.4 Miles

Kristin Harbuck	23:46
Cooper Johnson	25:35
Leif Growney	25:36
Bob Eichenberger	27:50
Travis Growney	28:57
Tracy Dougher	36:32
Leonard Baluski	37:30
Ellie Tanguay	39:01
Karina Tanguay	39:13
Kathryn Hohmann	39:25
Angie Johnson	39:49
Jacki McGuire	49:31

1.5 Miles

Dave Skelton	15:55	
CJ Oostema	19:29	Child
Kurt Buchl	20:04	
Daryl Baker	20:10	
Leon Shearman	22:37	
Leif Growney	25:36	
Carrie Gaffney	27:07	
Madison Oostema	34:24	Child
Jake Oostema	35:57	Child
Shawna Oostema	35:59	
Ryan Growney	38:07	
Elizabeth Growney	38:07	
Terry Walsh	40:05	
Linda Skelton	40:05	



EAST GALLATIN RECREATION AREA

Gary Hellinga set up the courses. Volunteers were Nick Waliser, Bob Wade

1 Mile

Cooper Johnson	7:04
CJ Oostema	10:14
Harper Entz	13:11
Wren Wirth	13:16
Jenny Wirth	13:18
Tom Bass	13:42
Jake Oostema	14:48
Shawna Oostema	15:49
Kay Newman	17:20
Andrew Holleman	17:40
Madison Oostema	21:39

3 Miles

Sierra Holleman	15:51
Vince Rozzi	22:53
Bob Eichenberger	25:50
Eric Veca	27:26
Darryl Baker	28:52
Tobias Holleman	29:25
Frank Dougher	29:33
Carrie Gaffney	30:13
Teresa Galli	30:13
Leonard Baluski	30:47
Ryan Stanionis	32:33
Luke Stanionis	32:38
Angie Johnson	36:08
Kristin Harbuck	36:51
Ellie Tanguay	41:13
Karina Tanguay	41:18
Jacki McGuire	49:16
Karl Berensten	55:51
Arthun Sellise	55:52

5.1 Miles

Axell Yount	34:00
Rob Maher	36:39
Tom Walsh	38:49
Leigh Holleman	40:09
Randy Oostema	41:07
Mary Anderson	42:02
Tracy Dougher	50:54
Heidi Genito	54:08
Alzada Roche	54:09



DISCOUNTS FOR MEMBERS ARE AVAILABLE AT MANY LOCAL BUSINESSES INCLUDING;

Bozeman Running Co.,

Gallatin Alpine Sports

Bob Wards

Schnees

Roundhouse

Universal Athletics

Bozeman Hot Springs

Excel Physical Therapy

Wholistic Running

Rootstock Acupuncture

Signs of the Mountains

Clinical Massage Concepts

See www.winddrinkers.org for updates and more information.



**“FITNESS CANNOT BE BORROWED, BOUGHT OR
BESTOWED; LIKE HONOR, IT MUST BE EARNED.”**

THE WIND DRINKER

Published monthly by the Big Sky Wind Drinkers, a non profit organization devoted to the promotion of physical fitness. Membership is obtained by sending dues to BSWD, PO Box 1766, Bozeman, MT 59771-1766. Memberships are \$15 per year starting in April, or \$10 after October 31.

Benefits of membership are receiving this newsletter, getting discounts listed on last page, and opportunity to vote at annual meeting (and of course all fun runs). Submissions to newsletter must be in by 25th of month to james@redpointmontana.com
Website: www.winddrinkers.org

OFFICERS FOR 2017

Prez: Tracy and Frank Dougher

Vice Presidents: Whitney Rice, Ana Brown, Gary Helinga, Bob Eichenberger, Jenna Fallaw, Carly Urban, Leanne Roulson, Tom Walsh
Membership: Darryl Baker, 582-5410

Treasurer: Jacki McGuire

Results, Calendar: Kay Newman
kayjn3@gmail.com

Secretary: Shawna Oostema
Equipment Mgr: Toby Holleman
twholleman@gmail.com

Publisher: Tom Hayes

Newsletter Editor: James Childre
406-224-0244 or james@redpointmontana.com

For recent updates on what's happening with the BSWD, get on the web; www.winddrinkers.org

Race Directors, please submit your calendar information by the 25th of the month to Kay Newman. Please include contact information, date, and distances. Please do not send an attachment with huge flowery descriptions; just the simple facts. Race Calendar: Always check www.runmt.com for race updates and more details.