

THE WIND DRINKER

NEWSLETTER OF THE BIG SKY WIND DRINKERS, A
RUNNING CLUB FOR ALL AGES AND ABILITIES IN
BOZEMAN, MT



A paraglider above the M on 4/23

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TRAIL REPORTS:

Although we are all itching to get out, please be kind to our trails until they are completely dry and be sure to share updated trail conditions on our Facebook page! A few to note: Peet's Hill is closed on-and-off for construction, Hyalite Canyon Road is closed to cars until May 16th, Painted Hills/Triple Tree connector trail is closed until June 1st, and Triple Tree itself is in rough shape currently.

Happy trails!

COPPER CITY TRAILS FUN RUN

The innagural Copper City Trails fun run (replacing Back from Bridger) took palce on Saturday, April 20th. There was a great turnout, dispite the gloomy weather, and runners chose from 1, 3 or 5.7 mile distances, braving mud and rattlesnakes to the finish. Thank you to Ana Brown who organized the event and to Drew Richardson and Dan Clark who were our volunteers.

1 MILE

Finn Wirth 8:12
Kiara Wilson 12:22
Don Rogers 12:23
Rick Deninger 13:10
Wren Wirth 15:09
Jenny Wirth 15:14
Leon Shearman 16:53
Jean MacInnes 17:41
Merel Van der Horst 23:34

3 MILES

Gary Hellenga 34:00
Natasha Fraker 35:38
Darryl Baker 37:58
Lori Johnson 40:47
Tracy Dougher 41:15
Martin Rollefson 42:27
Tobias Holleman 43:17
Leanne Roulson 46:26
Leonard Baluski 46:57
Gail Cary 49:01
Molly Ward 49:04
Andrea Abrahamson 49:07
Lucy Ostrowski 51:28
Sean Ostrowski 51:28
Kristin Harbuck 52:05
Sierra Holleman 59:09
Jacki McGuire 1:09:33

5.7 MILES

Andrew Holleman 38:50
Derek Gustafson 43:17
Jon Wirth 45:07
Rob Maher 45:25
Jenna Fallaw 47:20
Randy Oostema 48:37
James Jong 49:06
Shannon Gustafson 52:00
Laura Newmeier 52:52
Leigh Holleman 53:27
Kelly Shepardson 53:37
Bob Eichenberger 54:31
Alycia Kappler 55:30
Matt Parsons 57:46



Photo credit: Copper City Trails FB page

RACE CALENDAR

BSWD Fun Runs are marked in RED.

M A Y

1 BSWD Andy Blank Historic Depot/Story Hills Fun Run. 6:30 pm. Three distances from which to choose. Meet and greet old friends and new.

8 Hyalite Road Closure fun run. Enjoy our favorite canyon during the annual road closure with the Wind Drinkers! All summer fun runs start at 6:30PM. Start located 2 Miles from S 19th

11 Montana Women's Run, a longtime tradition in Billings. 2 miles (9:00am) and 5 miles (8:00am) Walk or Run starting downtown. Register at RunSignUp.

Don't Fence Me In Trail Runs. Helena. 30K, 12K and 5K distances starting at 7:30, 10:00 and 10:30am respectively. A non-competitive 5K dog walk starting at 10:45. Start and finish near Anchor Park. This is a fund raiser for the Prickly Pear Land Trust and its work to preserve open space in the Helena area. Contact Martin Miller mpmiller93@yahoo.com, 406-459-6296. Register online at www.pricklypearlt.org. "May we all have trails to run on4ever!!!"

12 Haven Mother's Day 5K in Bozeman. Save the date.

15 BSWD Outlaw Brewing Fun Run 6:30 pm

18 Baldy Blitz Starting at 9:00am at the M Parking Lot to the top of Baldy and back down. Register on the BSWD Web Page.

22 Drinking Horse Trail BSWD Fun Run at 6:30 pm. Take N Rouse to Bridger Drive onto Bridger Canyon Road. Park at Bozeman Fish Hatchery across from the M Parking Lot.

25 Frank Newman Spring Marathon, Half Marathon and Marathon Relay. In honor of one of the founders of BSWD. New this year: No pre-registration. Register at the start of your distance. Cost is \$3.00 per person which includes lunch at Sacajawea Park in Livingston at the finish of the race. Lunch and awards around 12:30. The full marathon distance starting at 8:00 am on Bridger Canyon Road at the Stone Creek Trail, course turns at Jackson Creek Road and continues along to the frontage road at the top of Bozeman Hill finishing in Livingston at the park. The ½ Marathon starts at the top of the Bozeman Hill and follows the marathon course into the park in Livingston. Guest lunches can be ordered and purchased for \$3.00. No shuttle service provided, limited support, water provided.

29 BSWD Weekly Fun Run at Bozeman Regional Park 6:30 pm

RACE CALENDAR

Continued...

JUNE

- 1** Annual Madison River Run. Ennis. Water to Whiskey 5K. Start off your summer with this fun race. More info to follow.
- 5** Southside Fun Run. Come check out some of the neighborhood trails on the southside of town! Run begin at 15 E. Fieldview. Come for the run, stick around for the potluck! Please bring a dish to share.
- 12** Formerly Toud de Wolves. Jackson Cr. Rd & Bridger Hollow Rd.
- 13** Montana Senior Olympics to be held in Missoula using venues at the new Fort Missoula Regional Park. Open to adults 50 and older.
- 15** 14 sports including Track & Field, 5&10K Road Races Cycling & Swimming plus other sports. www.montanaseniorolympics.org or montana.fusesport.com
- 15** Old Gabe 50/30 Trail Run starting at 6:00 am at Middle Cottonwood Trail in the Bridger Mountain Range. Bozeman. Info at WindDrinkers.org. Registration closes at 6:00 pm on Thursday, June 13. Food and prizes at the finish line.
- 19** Highland Blvd & Ellis St Fun Run. Please park at the softball fields at Highland & Ellis. From downtown, head east on Main, then turn right (south) on Highland. Ellis will be the first road on your left.
- 22** 26th Annual Jim Bridger Trail Run. Bozeman. Ten miles (2000 ft elevation) Entry fee includes Mandatory Shuttle to the Start at Sypes Canyon. Grilled lunch at the finish, monetary awards and raffle prizes. Register at <https://runsignup.com/Race/Mt/Bozeman/JBTR>
- Wulfman's CDT - 14K Trail Run organized by buttespissandmoanrunners.com. Exit 233 Off of I90 near Butte
- 26** Bozeman Creek Fun Run. Bring your furry friends along for this fun run! Remember, dogs must be leashed and picked up after. This is also a no watch run, which means that you will select a time and try to be back at the start line as close to that time as possible! Meet at Sourdough Trailhead.

JULY

- 3** Bozeman Pond Pavilion fun run. Meet at Bozeman Pond at 6:30.
- 4** Come celebrate the independence of our country and the people served by Reach Inc. by participating on July 4th at 8am for a 1K, 5K, or 10K run or walk on the trails of north Bozeman. All proceeds from this event will go to Reach Inc., a local non-profit that helps adults with developmental disabilities to lead more independent, fulfilling lives.
- 10** South Cottonwood fun run. Run begins at the S. Cottonwood trail head at 6:30.
- 17** Triple Tree fun run. Please remember that the parking area is small and that you will likely have to park on the road.
- 24** Hyalite Reservoir fun run, meet at the Dam Picnic Area. Escape the heat of summer and run in Bozeman's favorite canyon.
- 31** Peet's Hill fun run to Bite of Bozeman - one of our most popular runs! Work up an appetite before heading downtown to the Bite of Bozeman food festival. Run begins at Bogert Park on South Church.

AUGUST

- 6** Sweet Pea Run 5K/10K. Races start & end in downtown Bozeman. Register early to save: <https://runsignup.com/Race/MT/Bozeman/SweetPeaRun>

- 7** Bear Canyon fun run. Meet at Bear Canyon trailhead. Dog-friendly run.

- 10** Ed Anacker Ridge Run. Lottery Sign Up on May 5. Registration Opens May 19. Check out information on the web site. www.winddrinkers.org.

- 14** Jackie's House fun run. Run begins at 2303 Highland Ct. Potluck after - bring a dish to share

- 21** Lindley Park pavilion fun run. Meet at the pavillion and join us for a pizza party after.!

- 28** East Gallatin - our 41st anniversary fun run! Runs begin at the East Gallatin Recreation Area.

SEPTEMBER

- 4** Middle Cottonwood fun run. Run begins at the Middle Cottonwood trailhead at 6:30.
- 11** Triple Tree connector trail fun run. We will start at Triple Tree at 2:00, and we will finish at the GVL offices around 4:00 for a total distance of 8.3 miles. BSWD will provide post-race refreshments and help shuttle finishers back to the start. Please carpool!

OCTOBER

- 7** Raw Deal Run in McLeod, MT (16 Miles S of Big Timber) 3 Mile Run or Walk, 6 Mile Run Costume contest and Chili Feed. More information to follow

OTHER EVENTS & ANNOUNCEMENTS

Big Sky Runoff Cleanoff - May 5th

As the snow melts, dog waste and garbage surface. Runoff can carry this refuse to contaminate local waterways with plastic, nutrients, and bacteria.

To keep our trails and streams clean, the Gallatin River Task Force and Big Sky Community Organization are working together to host a new annual volunteer event, the Runoff Cleanoff! The event will feature a morning of spring cleaning, fun, and education followed by a social volunteer appreciation pancake breakfast. Prizes will be awarded for those who remove the most pet waste. Furry friends are encouraged, but must be on leash.

May 5th 9AM -12PM Big Sky Community Park

Register by emailing - valerie@gallatinrivertaskforce.org



Next Board Meeting

May 20th

The next BSWD board meeting will be Monday, May 20th at 6:30 at Christus collegium (714 S 8th Ave).

Ridge Run Lottery

May 5th

Lottery for the Ridge Run is from May 5th to May 12th. Results are sent May 19th. Good luck!

BSWD INFORMATION

DISCOUNTS FOR MEMBERS ARE AVAILABLE AT MANY LOCAL BUSINESSES:

- BOZEMAN RUNNING CO.
- GALLATIN ALPINE SPORTS
- BOB WARDS
- SCHNEES
- ROUNDHOUSE
- UNIVERSAL ATHLETICS
- BOZEMAN HOT SPRINGS
- EXCEL PHYSICAL THERAPY
- WHOLISTIC RUNNING
- ROOTSTOCK ACUPUNCTURE
- SIGNS OF THE MOUNTAINS
- CLINICAL MASSAGE CONCEPTS

See www.winddrinkers.org for updates and more information



“FITNESS CANNOT BE BORROWED, BOUGHT OR BESTOWED; LIKE HONOR, IT MUST BE EARNED.”



Proud member of the
road runners club of
America

THE WIND DRINKER

Published monthly by the Big Sky Wind Drinkers, a non-profit organization devoted to the promotion of physical fitness.

Membership is obtained by signing up online under "Membership," or sending dues to:
BSWD, PO Box 1766, Bozeman, MT 59771.

Memberships are \$15 annually, for individuals and families. Benefits of membership are receiving our newsletter, discounts at local businesses, the opportunity to vote in club elections and participate in fun runs.

Submissions to newsletter must be in by the 25th of each month to miracbrody@gmail.com