

# THE WIND DRINKER

NEWSLETTER OF THE BIG SKY WIND DRINKERS, A  
RUNNING CLUB FOR ALL AGES AND ABILITIES IN  
BOZEMAN, MT



## INSIDE THIS ISSUE

*FRANK NEWMAN MARATHON  
RESULTS - 2*

*FUN RUN RESULTS - 3*

*RACE CALENDAR - 6*

*BSWD INFO - 7*

## *WIND DRINKERS,*

Congratulations to all who ran Old Gabe last month and thanks to Jim Rucker for race directing. We had 134 runners this year with 47 completing the grueling 50k course. The weather was perfect with just the right amount of snow and mud. Results are posted on UltraSignup.

Please join us for the first Ridge water haul June 29th at 7AM at the M trailhead. We will haul halfway up Baldy, but those with extra stamina and something to prove are welcome to continue on further.



# FRANK NEWMAN MARATHON & HALF MARATHON

The Annual Spring Marathon and Marathon Relay was held on May 25. Thanks to our many volunteers who helped to make the event a success. The run was planned and organized by Melissa, Lori and Eric Newman, Kathy Brown and Bob Wade. Volunteers were Adam Axelson, Mira Brody, Ashley Carroll, Dan Clark family and friends, Frank and Tracy Dougher, Kay Newman, Jean MacInnes, Shauna & Madison Oostema and Denise Wiedneheft. Jim Nallick (Muddy Dog Sports) provided the timing. The weather was great!



## Full Marathon

Kama Werner 3:34:58  
Bret DeYoung 3:39:09  
Terry Leist 3:43:33  
William Kessler 3:55:21  
Randy Oostema 4:19:43  
Caquelin Doreen 4:52:33  
David Summerfield 7:43:29

## First Half

Michelle Flenniken 1:49:38  
Laina Hall 1:49:38  
Gabe Rudy 1:50:03  
David Wells 2:19:19  
Pam Hong 2:30:49  
Naroung Nay 2:39:58  
Tabitha Roske 2:53:42

## Second Half

Michael Voisin 1:38:02  
Matthew Schrandt 1:46:04  
Erin McCracken 1:52:50  
Jack Stewart 1:57:41  
Elle Limesand 1:57:42  
Aimee Heffernan 1:57:42  
Julie Donagan 1:57:43  
Gethin Knight 1:58:13  
Ivan Sobek 1:58:13  
Tom Walsh 2:06:28  
Eric Veca 2:07:16  
Nick Waliser 2:07:30  
Scott Craigle 2:11:07  
Scott Davis 2:25:28  
Ashley Perris 2:28:27  
Daniel Perris 2:28:27  
Steve Pappert 2:35:54  
Anna Pappert 2:41:18

## Relay Teams

Manchester United (First) 3:14:27  
-Fred Kneeland  
-Harish Thiruvalluvan  
-Caleb Whitman  
-David Kneeland  
No Name (Second) 3:38:00  
-Jenna Fallaw  
-Tricia Siefert  
No Name (Third) 3:41:24  
-Rick Cooper  
-Ami Nugent  
3 Gens (Fourth) 3:50:00  
-Leigh Holleman  
-Andrew Holleman  
-Tobias Holleman  
-James Mannos  
-Natasha Fraker  
Silver Snails (Fifth) 6:19:00  
-Leon Shearman  
-Leonard Baluski  
-Jacki McGuire  
-Steve McGuire



# FUN RUN RESULTS FOR JUNE

The Gallatin Regional Park fun run was held under bright sunny skies on May 29th. Thanks to Jenna Grimm for setting up the courses and as usual Jim Nallick (Muddy Dog Sports) for the timing.

## 1.25 Miles

Finn Wirth 10:19  
Jack Rainey 11:11  
Neal Rainey 11:15  
Darryl Baker 12:19  
Craig Hildreth 12:19  
Brayden Axelson 12:59  
Gary Hellenga 13:27  
Hazel Roulson 14:28  
Dan Krza 16:37  
Evan Krza 16:38  
Angie Kociolek 16:38  
Teresa Leland 23:32  
Jean MacInnes 23:32  
Bob Wade 24:01  
Leon Shearman 24:52  
Kay Newman 25:47  
Chris Roulson 25:51  
Leanne Roulson 25:52  
Wren Wirth 27:02  
Tula Rainey 27:04  
Jenny Wirth 28:03  
Trina Rainey 28:03  
Robbie Lamb 29:51  
Otto Ohler 32:58  
Daniela Calle 32:58

## 2.8 Miles

Thomas Nepomuceno 22:14  
Leigh Holleman 23:13  
Nick Waliser 23:42  
Bob Eichenberger 24:02  
John Harbuck 27:39  
Carol Alvarado 27:41  
Corey Vellinga 27:58  
Leonard Baluski 28:46  
Luke Stanionis 28:52  
Ryan Stanionis 18:52  
Pam McCutchen 29:01  
Tracy Dougher 30:13  
Tobias Holleman 30:14  
Frank Dougher 32:47  
Merel Van Der Horst 32:58

Chuck Kendrick 33:29  
Andrea Abrahamson 33:45  
Travis Miller 35:07  
Angie Johnson 35:27  
Kathryn Hohmann 36:23  
CJ Oostema 37:37  
Kristin Harbuck 37:51  
Molly Ward 37:51  
Jill Trick 39:04  
Corey Johnson 40:18  
Susan Kendrick 41:53  
Suzanne Winchester 44:10  
Jacki McGuire 45:25  
Maren Johnson 47:02  
Terry Walsh 51:11  
Eric Newman 54:29

## 4.5 Miles

Andrew Holleman 29:50  
Jon Wirth 31:00  
Randy Oostema 33:17  
Colby Heiser 36:11  
Mike Heublein 36:34  
Tom Walsh 36:35  
Jeff Jenkins 41:11  
Laurie Jenkins 42:59  
Carrie Gaffney 43:26  
Teresa Galli 43:26  
Kelly Sprinkle 44:04  
Kurt Buchl 44:04  
Robyn Miller 44:05  
Adam Axelson 49:23



*Early morning runners doing Old Gabe on June 15th. There were a ton of mountain goats spectating from the side of the ridge!*

The South Side Trail fun run was held on June 5th. The course was set up by Gary Hellenga and volunteers were Teresa Galli and Carrie Gaffney. Thanks to them for their efforts. Also much appreciation to Kurt Buchl for hosting the hamburger potluck that followed.

## 1.12 Miles

Evan Krza 15:47  
Angie Kociolek 15:50  
Tycho Ohler 18:08  
Jacki McGuire 18:31  
Madison Oostema 18:47  
Victoria Calle 18:50  
Merel Van der Horst 18:51  
Jake Oostema 19:04  
Daniela Calle 19:29  
Thomas Calle 19:30  
Elizabeth Gammil 19:32  
Mike Gammil 19:39  
Terry Walsh 19:48  
Jean MacInnes 20:37  
Teresa Leland 20:42  
Bob Wade 22:26  
Kay Newman 22:27  
Robbie Lamb 22:28  
Otto Ohler 23:18  
Brayden Axelson 35:34  
Lynae Axelson 35:43

## 2.92 Miles

Martin Rollefson 20:41  
Frank Dougher 23:14  
Rebecca Watters 24:11  
Jeff Johnson 25:03  
Ryan Stanionis 25:11  
Bob Eichenberger 25:27  
Kristin Landers 27:36  
Christian Landers 27:36  
Sierra Holleman 28:24  
Darryl Baker 28:26  
Carol Alvarado 29:35  
Gail Cary 29:54  
Tobias Holleman 29:55  
Leonard Baluski 30:59  
Pam McCutchen 31:22  
David King 31:26  
Tracy Dougher 31:38  
Leanne Rollefson 32:13  
Eligah Arms 34:15  
Janet Arms 34:18  
Kathryn Hohmann 34:38  
CJ Oostema 35:09  
Travis Miller 35:19  
Kristin Harbuck 37:33  
Luke Stanionis 38:00  
Andrea Abrahamson 38:21  
Angie Johnson 38:21  
Lucy Ostrowski 38:28  
Sean Ostrowski 38:31  
Eric Newman 46:50  
Suzanne Winchester 48:39

## 4.82 Miles

Rob Maher 35:34  
Caleb Schreiber 38:02  
Tom Walsh 38:05  
Adam Axelson 38:07  
Megan Buecking 38:25  
Randy Oostema 39:01  
Jacob Turner 39:27  
Kyle Zyrek 39:53  
Nick Waliser 40:00  
Eric Veca 40:05  
Alex Sanders 40:10  
Kaitlyn Landers 40:19  
Rick Landers 40:23  
Griffin Arms 44:01  
Heidi Genito 44:33  
Abby Eichenberger 45:20  
Kelly Sprinkle 47:07  
Andrew Holleman 57:34

A great group of runners showed up to run the Trail at Franklin Cole's home on Jackson Creek Road. We appreciate his hospitality and the opportunity to run on this unique course. Nick Waliser was the vice president in charge and volunteers were Dan Krza and Angie Kociolek.

## 1.6 Miles

Craig Hildreth 21:54  
Leon Shearman 26:32  
Robbie Lamb 29:35  
Merel Van der Horst 29:35  
Jane Foster 29:52  
Kurt Buchl 29:55  
Terry Walsh 31:07  
Jean MacInnes 31:58  
Nicki Bailey 31:59  
Teresa Leland 32:00  
Bob Wade 32:06  
Spencer Fitzgerald 33:28

## 2.4 Miles

Darryl Baker 26:04  
Griffin Arms 27:12  
Carly Urban 28:17  
Robyn Miller 28:19  
Mellisa Regain 28:20  
Clay Bolt 28:20  
Tracy Dougher 30:25  
Leonard Baluski 31:24  
Daniela Calle 31:46  
Sierra Holleman 32:39  
Elijah Arms 33:48  
Isaac Arms 33:56  
Janet Arms 33:56  
CJ Oostema 34:37  
Lucy Oostema 36:09  
Sean Ostrowski 36:12  
Gail Cary 39:36  
Leanne Roulson 43:33  
Hazel Roulson 43:34  
Andrea Abrahamson 43:36  
Kristin Harbuck 44:38  
Molly Ward 44:38  
Jacki McGuire 46:29  
Jake Oostema 51:30  
Josh Penn 51:31  
Madison Oostema 51:31

## 4.8 Miles

Rob Maher 40:29  
Alaric Skjelver 41:54  
Randy Oostema 47:33  
Tom Walsh 49:28  
Eric Veca 50:36  
Nick Waliser 50:44  
Kyle Zidek 52:37  
Alex Sanders 52:37  
Kelly Sprinkle 53:44



The Highland Glen fun run was held on June 19th and set up by Tom Walsh. Thanks to our volunteers Hazel and Leanne Roulson and Kristin Harbuck.

## 1.8 Miles

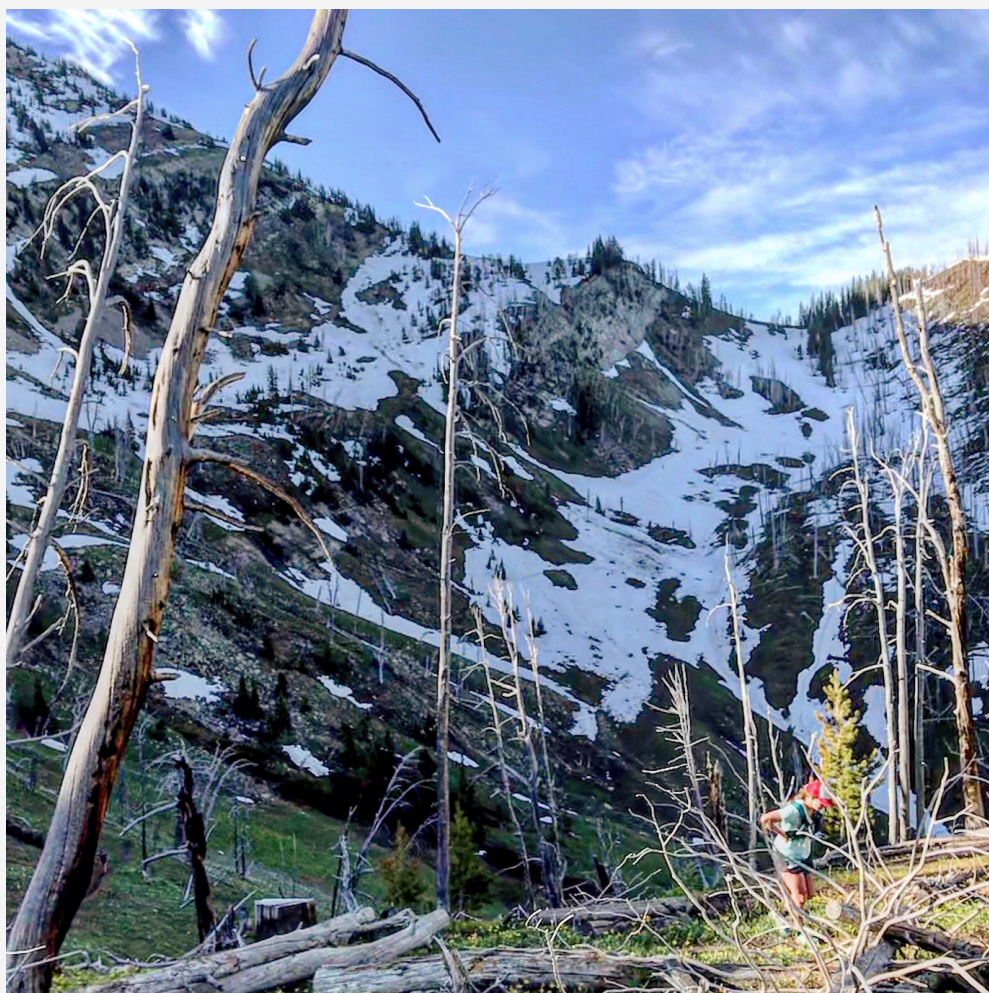
Poppy Atkinson 15:01  
Finn Wirth 15:04  
Gary Hellenga 17:21  
Susan Atkinson 20:08  
Gail Cary 21:45  
Kathryn Hohmann 22:05  
Claire Rucker 24:33  
Sam Rucker 24:34  
Jim Rucker 24:35  
Lucy Ostrowski 26:00  
Ellie Ostrowski 26:00  
Sean Ostrowski 26:10  
Evan Krza 27:42  
Angie Kociolek 27:44  
Dan Krza 27:44  
Jake Oostema 30:59  
Leon Shearman 31:34  
Wren Wirth 32:05  
Jenny Wirth 32:07  
Tobias Holleman 33:30  
Andrea Abrahamson 34:54  
Jean MacInnes 35:07  
Tycho Ohler 35:40  
Mia Dudas 35:50  
Jack Dudas 36:15  
Jay Dudas 36:24  
Terry Walsh 37:18  
Kay Newman 41:32  
Otto Ohler 49:45  
Menno Ohler 49:47

## 3.7 Miles

Alaric Skjelver 27:11  
Adam Axelson 30:30  
Peter Hull 31:09  
Laurie Jenkins 32:41  
Thomas Nepomuceno 32:47  
Jeff Johnson 35:28  
Teresa Galli 36:37  
Carrie Gaffney 37:19  
Carol Alvarado 38:06  
Leonard Balluski 39:46  
Sierra Holleman 39:51  
CJ Oostema 41:28  
Corey Johnson 47:05  
Angie Johnson 47:55  
Frank Dougher 49:48  
Kora Welsh 50:49  
Merel Van der Horst 55:19  
Shawna Oostema 1:01:36

## 5.6 Miles

Andrew Holleman 42:55  
Randy Oostema 46:00  
Caleb Schreiber 46:08  
Colby Heiser 46:26  
Leigh Holleman 49:07  
Nick Waliser 49:47  
Eric Veca 50:31  
Bob Eichenberger 50:32  
Duncan Freake 56:31  
Nick Moes 57:12  
Kelly Sprinkle 57:38  
Adam Defelice 57:44



*Truckin' through Bostwick Canyon during Old Gabe on June 15th. Lots of snow and mud, still.*

# RACE CALENDAR

BSWD Fun Runs are marked in RED.

## JULY

- 3** Bozeman Ponds fun run. 6:30 pm start followed by pizza provided by Leonard Baluski, long time BSWD member. Happy Birthday, Leonard and many thanks to you.
- 4** 12th Annual Reach Run for Independence. 322 Gallatin Park Drive. 10K at 8:00am, 5K at 8:15am and 1K at 8:20 am, \$25 for the 5 & 10K and \$15 for the 1K. Mostly a flat trail run. Medals for kids and age group winners. [www.reachinc.org](http://www.reachinc.org). Raffle Prizes and refreshments. Info at 406-587-1271 (Dee).
- 10** South Cottonwood fun run, a longtime favorite starting at 6:30 pm. Carpooling recommended, meet at Stockman Bank on S 19th at 5:30.
- 13** 51st Annual Beartooth 5 & 10K Runs on the top of the scenic Beartooth Pass outside of Red Lodge. Expect high altitudes and great scenery. Info at [visitredlodgeevents.com](http://visitredlodgeevents.com)
- 17** Triple Tree fun run on Sourdough Road, starts at 6:30 pm.
- 24** Hyalite Reservoir fun run, meet at the dam Picnic Area. at 6:30 pm. Carpooling recommended from Stockman Bank at 5:30.
- 31** Peets Hill/Bogert Park/Bite of Bozeman. BSWD weekly fun run at 6:30 pm. Plan to attend the annual festivities downtown after the run.

## AUGUST

- 3** Sweet Pea 5 & 10K. Bozeman. 5K starting at 7:25 and 10K at 7:15. Information at [www.winddrinkers.org](http://www.winddrinkers.org). Registration is open.
- 10** Ed Anacker Ridge Run. Lottery Sign Up on May 5. Registration Opens May 19. Check out information on the web site. [www.winddrinkers.org](http://www.winddrinkers.org).

## SEPTEMBER

- 14** John Colter Run at Missouri Headwaters State Park. 7.5 miles of trail starting at 9:00am followed by a BBQ lunch and music! This one fills up fast, register at: <http://winddrinkers.org/trailhead/run/johncolter/>

## OCTOBER

- 3** Raw Deal Run in McLeod, MT (16 Miles S of Big Timber) 3 Mile Run or Walk, 6 Mile Run Costume contest and Chili Feed. More information to follow

# BSWD INFORMATION

*DISCOUNTS FOR MEMBERS ARE AVAILABLE AT MANY LOCAL BUSINESSES:*

- BOZEMAN RUNNING CO.
- GALLATIN ALPINE SPORTS
- BOB WARDS
- SCHNEES
- ROUNDHOUSE
- UNIVERSAL ATHLETICS
- BOZEMAN HOT SPRINGS
- EXCEL PHYSICAL THERAPY
- WHOLISTIC RUNNING
- ROOTSTOCK ACUPUNCTURE
- SIGNS OF THE MOUNTAINS
- CLINICAL MASSAGE CONCEPTS

See [www.winddrinkers.org](http://www.winddrinkers.org) for updates and more information



**“FITNESS CANNOT BE BORROWED,  
BOUGHT OR BESTOWED; LIKE  
HONOR, IT MUST BE EARNED.”**



Proud member of the  
road runners club of  
America

## THE WIND DRINKER

Published monthly by the Big Sky Wind Drinkers, a non-profit organization devoted to the promotion of physical fitness.

Membership is obtained by signing up online under "Membership," or sending dues to:  
BSWD, PO Box 1766, Bozeman, MT 59771.

Memberships are \$15 annually, for individuals and families. Benefits of membership are receiving our newsletter, discounts at local businesses, the opportunity to vote in club elections and participate in fun runs.

Submissions to newsletter must be in by the 25th of each month to [miracbrody@gmail.com](mailto:miracbrody@gmail.com)